

Our pathway

1. Telephone Triage

Initial assessment by the clinical nurse specialist to evaluate your needs.

2. Multi-Disciplinary Team Clinic

Appointments with a pain consultant, physiotherapists, occupational therapists and the health psychologist.

3. Residential Rehabilitation Programme

A 2-week residential programme including specialist physiotherapy, occupational therapy, psychology, education and activities such as yoga, mindfulness and hydrotherapy. Virtual options are also available.

4. Follow ups

- 3-month follow-up with the clinical nurse specialist and a therapy team member.
- 6-month and 12-month followups with the clinical nurse specialist.
- Ad-hoc follow-up with the clinical nurse specialist or therapists at any point in the pathway.

Get in touch with us

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Email

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Address

The Pain-related CCLERS Team
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Website

https://crpsandcancerlateeffects-bath.org.uk/

The RUH, where you matter

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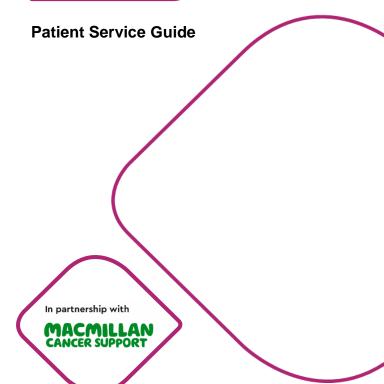
If you would like this leaflet in email form, large print, braille or another language, please contact the Patient Support and Complaints team on 01225 825656.

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Pain-related Complex Cancer Late Effects Rehabilitation Service





What is CCLERS?

We are a National service providing specialised rehabilitation for adults experiencing persistent pain and reduced physical function following chemotherapy, radiotherapy, or surgery treatment for cancer.

Funded by NHS England

Pain-related cancer late effects refer to persistent pain caused by nerve or tissue damage from cancer or its treatment, often leading to physical, emotional and psychological challenges that significantly impact quality of life.

CCLERS offers **rehabilitative services** for patients suffering from pain-related cancer late effects of any cancer type, both solid and blood cancers.

Who are we?

Our internationally recognised, multi-disciplinary team includes:

- Physiotherapists
- Occupational therapists
- Health psychologist
- Pain consultant
- Clinical nurse specialist

What is our goal?

We aim to manage complex persistent pain conditions by focusing on:

- Improving physical function and mobility
- Enhancing mental wellbeing
- Developing strategies to better manage symptoms
- Supporting patients to engage in meaningful activities and improve quality of life.

Your journey, your care – supporting you with a holistic approach every step of the way.

Eligibility criteria

To access CCLERS patients must meet the following criteria:

- Active cancer treatment ended at least 12months ago.
- Severe and persistent pain.
- Reduced physical function or mobility.
- Local late effects services consider patient complex.

Think you have painrelated cancer late effects and meet the criteria?

Ask your GP or any health professional to refer you to CCLERS and take the first step on our pathway!

In partnership with



