

## Our pathway

Once your patient has been referred to the service, they may be offered:

### 1. Telephone Triage

Initial assessment by the clinical nurse specialist to evaluate your needs.

### 2. Multi-Disciplinary Team Clinic

Appointments with a pain consultant, physiotherapists, occupational therapists and the health psychologist.

### 3. Residential Rehabilitation Programme

A 2-week residential programme including specialist physiotherapy, occupational therapy, psychology, education and activities such as yoga, mindfulness and hydrotherapy. Virtual options are also available.

### 4. Follow ups

- 3-month follow-up with the clinical nurse specialist and a therapy team member.
- 6-month and 12-month follow-ups with the clinical nurse specialist.
- Ad-hoc follow-up with the clinical nurse specialist or therapists.

## Making a referral

### GP REFERRALS

To be submitted via the NHS e-Referral service (Choose & Book) to: Complex Cancer Late Effects Rehabilitation Service (CCLERS) RUH RD1

### OTHER CLINICIANS' REFERRALS

#### • By Post:

The Pain-related CCLERS Team  
Bath National Pain Centre  
F19, Brownsword Therapies Centre,  
Royal United Hospital Bath NHS Trust,  
Combe Park  
Bath BA1 3NG

#### • By Email:

[ruh-tr.RNHRDCCLERSinfo@nhs.net](mailto:ruh-tr.RNHRDCCLERSinfo@nhs.net)

For further information contact our admin team on: 01225 821126

## The RUH, where you matter

Royal United Hospitals Bath  
NHS Foundation Trust  
Combe Park, Bath, BA1 3NG

01225 428331 | [www.ruh.nhs.uk](http://www.ruh.nhs.uk)

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# Pain-related Complex Cancer Late Effects Rehabilitation Service

CCLERS

Referrer Service Guide

In partnership with

MACMILLAN  
CANCER SUPPORT

## What is CCLERS?

**National service providing specialised rehabilitation for adults experiencing persistent pain and reduced physical function following chemotherapy, radiotherapy, or surgery treatment for cancer.**

Funded by NHS England

**Pain-related cancer late effects** refer to **persistent pain** caused by nerve or tissue damage from cancer or its treatment, often leading to physical, emotional and psychological challenges that significantly **impact quality of life**.

CCLERS offers **rehabilitative services** for patients suffering from pain-related cancer late effects of any cancer type, both solid and blood cancers.

**The RUH, where you matter**

## Who are we?

Our **internationally recognised**, multi-disciplinary team includes:

- Physiotherapists
- Occupational therapists
- A health psychologist
- A pain consultant
- A clinical nurse specialist

## What is our goal?

CCLERS specialises in a **non-medical management** of complex persistent pain conditions by focusing on:

- Improving **physical function** and mobility
- Enhancing **mental wellbeing**
- **Developing strategies** to better manage symptoms
- Supporting patients to **engage in meaningful activities** and improve quality of life.

## Eligibility criteria

To access CCLERS patients must meet the following criteria:

- Aged 18 years and over.
- Active cancer treatment ended at least 12 months ago.
- Severe and persistent pain.
- Reduced physical function or mobility.
- Has seen local pain/rehabilitation/late effects services without improvement in symptoms
- Local late effects services consider patient complex.

Once a patient has been referred to the service our admin team will contact the registered GP by email to request supporting information.

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