

# **Our pathway**

Once your patient has been referred to the service, they may be offered:

- Telephone Triage
   Initial assessment by the clinical nurse specialist to evaluate your needs.
- 2. Multi-Disciplinary Team Clinic Appointments with a pain consultant, physiotherapists, occupational therapists and the health psychologist.

## 3. Residential Rehabilitation Programme

A 2-week residential programme including specialist physiotherapy, occupational therapy, psychology, education and activities such as yoga, mindfulness and hydrotherapy. Virtual options are also available.

## 4. Follow ups

- 3-month follow-up with the clinical nurse specialist and a therapy team member.
- 6-month and 12-month followups with the clinical nurse specialist.
- Ad-hoc follow-up with the clinical nurse specialist or therapists.

# Making a referral

#### **GP REFERRALS**

To be submitted via the NHS e-Referral service (Choose & Book) to: Complex Cancer Late Effects Rehabilitation
Service (CCLERS) RUH RD1

### OTHER CLINICIANS' REFERRALS

• By Post:

The Pain-related CCLERS Team
Bath National Pain Centre
F19, Brownsword Therapies Centre,
Royal United Hospital Bath NHS Trust,
Combe Park
Bath BA1 3NG

## • By Email:

ruh-tr.RNHRDCCLERSinfo@nhs.net

For further information contact our admin team on: 01225 821126

# The RUH, where you matter

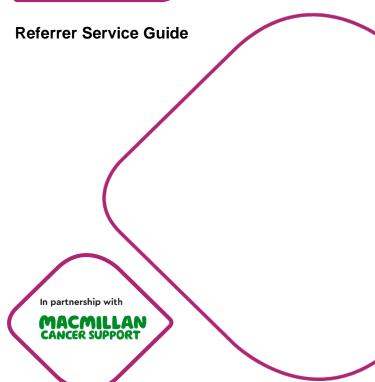
Royal United Hospitals Bath NHS Foundation Trust Combe Park, Bath, BA1 3NG

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# Pain-related Complex Cancer Late Effects Rehabilitation Service





## What is CCLERS?

National service providing specialised rehabilitation for adults experiencing persistent pain and reduced physical function following chemotherapy, radiotherapy, or surgery treatment for cancer.

Funded by NHS England

Pain-related cancer late effects refer to persistent pain caused by nerve or tissue damage from cancer or its treatment, often leading to physical, emotional and psychological challenges that significantly impact quality of life.

CCLERS offers **rehabilitative services** for patients suffering from pain-related cancer late effects of any cancer type, both solid and blood cancers.

## Who are we?

Our **internationally recognised**, multi-disciplinary team includes:

- Physiotherapists
- Occupational therapists
- A health psychologist
- A pain consultant
- A clinical nurse specialist

# What is our goal?

CCLERS specialises in a **nonmedical management** of complex persistent pain conditions by focusing on:

- Improving **physical function** and mobility
- Enhancing mental wellbeing
- Developing strategies to better manage symptoms
- Supporting patients to engage in meaningful activities and improve quality of life.

# Eligibility criteria

To access CCLERS patients must meet the following criteria:

- Aged 18 years and over.
- Active cancer treatment ended at least 12months ago.
- Severe and persistent pain.
- Reduced physical function or mobility.
- Has seen local pain/rehabilitation/late effects services without improvement in symptoms
- Local late effects services consider patient complex.

Once a patient has been referred to the service our admin team will contact the registered GP by email to request supporting information.

In partnership with



